




Sport Challenges

Miss Critcher and Mr Cotter will be setting weekly PE challenges throughout Term 3.

It will be great for you all to join in, below you will see Early Years and KS1 challenges for this week.

Early Years and KS1 Challenges- Tasks-

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<p data-bbox="204 602 552 636">Challenge 1- Star Jumps</p> 	<p data-bbox="842 602 1374 667">How many star jumps can you do in 1 minute?</p> <p data-bbox="842 669 1362 837">Start with your feet together and hands by your side, jump out into a star shape and then back to your start position. Don't go too quick and save some energy for a quick finish!</p> <p data-bbox="842 904 1369 969">Question - Can you write down how many star jumps you have achieved?</p>
<p data-bbox="204 1052 614 1086">Challenge 2- Basketball Shot</p> 	<p data-bbox="842 1052 1347 1151">Challenge 2 - Basketball Shot How many times can you score in a minute?</p> <p data-bbox="842 1153 1358 1285">Eyes on the target, swing your arm in a straight line towards it and let go just at the right time! Keep practising and try your best.</p> <p data-bbox="842 1352 1318 1417">Idea - Can you draw a picture of a colourful basketball?</p>
<p data-bbox="204 1491 544 1525">Challenge 3 – Travelling</p> 	<p data-bbox="842 1491 1321 1588">Challenge 3 - Travelling Can you jump over your objects 5 times?</p> <p data-bbox="842 1590 1358 1688">Balance is really important for this one, bend your knees and use your arms when you land. Try not to fall over!</p> <p data-bbox="842 1733 1318 1798">Research - Can you think of three more animals that jump?</p>