

Whinless Down Academy Trust

Home Learning



Year: 6	Term 6 Week: 5
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English	Maths	Secondary Transition
<p>Last week, you wrote a detailed description of your monster. This week, we would like you to write a guide on how to care for it. Maybe it's the sort of creature that Hagrid or a demon would love!</p> <p>Remember to include adverbial phrases to give specific details and start sentences in different ways. Could you use brackets and dashes to give additional information? Could you up-level your vocabulary using an online thesaurus?</p> <p>Check out the Guide on How to Look after a Doxy for inspiration below.</p>	<p>Look in the attached Maths Activities file, there you will find an investigation, percentage questions and daily arithmetic practice.</p> <p style="text-align: center;">How many activities can you complete? Remember to show your workings!</p>	<p style="text-align: center;">Check your sleep B E D</p> <p>Keep a diary recording the number of hours sleep that you are getting each night. Did you know? At age 10, children are recommended to get <i>around</i> 10 hours of sleep each night. Think about your bedtime routine; make your environment calm - turn off devices and hour before bed. Daytime routine – think about the levels of sugary food and drink consumed, which may affect your sleep.</p>
GPS	Topic	PE
<p>The spellings for this week are words with hyphens. Practise them using the Look Cover Write Check. Test your spellings with the attached weekly dictation.</p> <p style="text-align: center;">Challenge: Can you write sentences using your spellings?</p> <p>Complete the attached grammar and spelling activities on the school webpage.</p>	<p>Choose one of your favourite animals and create a factfile about them.</p> <p>Draw a picture of them in the centre of your page and then use your research skills to find out as many facts as possible about this creature.</p>	<p style="text-align: center;">4 x 1 minute challenges!</p> <p>How many times can you jump over an object in one minute?</p> <p>Can you hold the plank position for one minute?</p> <p>Can you balance an object on a part of your body for one minute?</p> <p>How many sit-ups / crunches can you do in one minute?</p>
Reading Challenge	Times Tables Rockstars / Numbots	Mindfulness / Well-Being
<p>Read a chapter of your current book and create a character profile on the main character. Use clues from the text to jot down what they look like, how they feel, what they act like?</p> <p>Can you imagine what your character would do if faced with the monster you have created? Why do you think this?</p> <p>Alternatively, you could download free audio book from audible.com to listen to.</p>	<p style="text-align: center;">Challenge 5 friends to a Rock Slam!</p> <p style="text-align: center;">Who can get the highest score? Do you improve every time?</p>	<p style="text-align: center;">Warrior pose – for confidence and concentration Child in warrior pose</p> <p>Stand up tall with your feet wide apart. Turn your right toes out and press your left heel away. Bend your right knee deeply, stretch your arms out at shoulder height and make like a surfer. Hang ten for a few relaxed breaths, feeling the strength of your body, then shake out your legs and try it out on the other side. This is a great distractor from worried thoughts.</p>