

TRANSITION TO SECONDARY SCHOOL

LEARNING OBJECTIVES

We are learning about the transition from primary to secondary school and how to manage the changes that can arise.

LEARNING OUTCOMES

By the end of the lesson you will be able to...

- Identify the differences between primary and secondary school
- Describe how it might feel to move to secondary school
- Explain different ways of managing change.

Key Vocabulary

Change, new, relationships, transition, routine, unknown, difference, support and guidance

TRANSITION TO SECONDARY SCHOOL



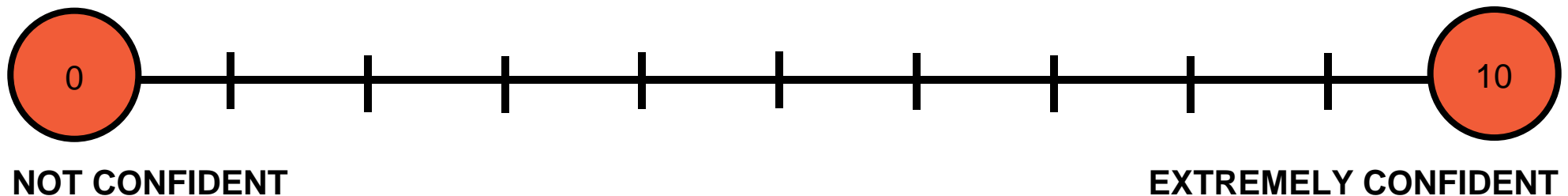
CREATE A LIST OF WORDS YOU ASSOCIATE WITH THE PICTURE BELOW.



TRANSITION TO SECONDARY SCHOOL SELF ASSESSMENT



- A. I can identify the differences between primary and secondary school.
- B. I can describe how it might feel to move to secondary school.
- C. I can explain some ways to manage this change.



TRANSITION TO SECONDARY SCHOOL



MAKING THE MOVE

Watch the first part of the video
[Let's talk about change!](#)



Questions for discussion:

1. What will the similarities be between primary school and secondary school?
2. What will the differences be between primary and secondary school?
3. What are the most important things a Year 6 pupil needs to know about secondary school? (e.g. structure of the day, how many teachers will they have, how many people in a class, etc.)

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MAKING THE MOVE: HEAD



What might new Year 7 pupils be thinking on their first day of school?

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MAKING THE MOVE: HEART



How might it feel to start a new school?

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CHANGES

Watch the second part of the video

[Let's talk about change!](#)



Questions for discussion:

1. What do you think are the most exciting things about starting secondary school?
2. What do you think some pupils are nervous about when starting secondary school?
3. How do you think pupils' feelings might change over the first year at secondary school?



SCENARIOS / VIEWPOINTS

I can't wait to join the clubs. I love sports!

'Sometimes I think I could do better in school. I'm looking forward to a new start'

'My new school will be a bus ride away. I hope I don't get lost.'

'I've heard you have lots of teachers and the work is much harder.'

'I'm going to a different school than most of my friends but my sister loves her new friends from secondary school, so maybe this will be the same for me.'



POSSIBLE STRATEGIES

- A. Learn your route to school
- B. Find out who you can speak to in school if you're finding it difficult
- C. Write the names of your teachers on your timetable
- D. Take your time getting to know people
- E. Ask teachers for help if you are finding the work difficult
- F. Keep a school map in your pocket
- G. Learn the school rules
- H. Ask someone you trust to do the journey to school with you before doing it alone
- I. Talk to an adult at home about your worries
- J. Make a homework timetable
- K. Make a photo album of all your friends at primary school
- L. Remember what you are good at
- M. Find out when and where school clubs run
- N. Think positively (I can do this!)

Further Challenge: Can you think up other strategies that could help in each of the scenarios? Explain why.

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HANDY ADVICE!: HANDS



What **actions** can pupils take to manage the changes in secondary school?

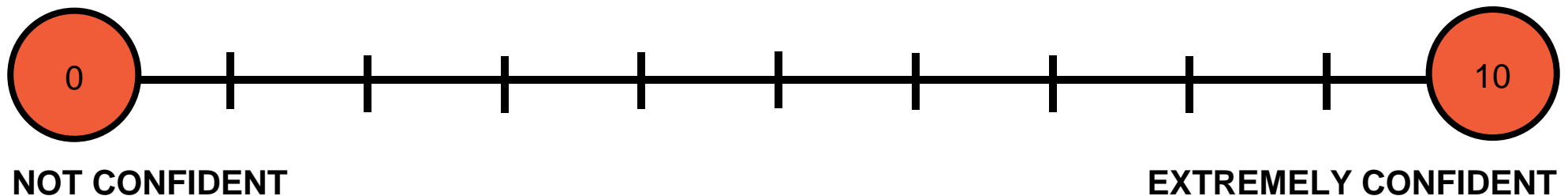
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PLENARY: FIRST DAY



What could a pupil pack on their first day of secondary school to help them manage the change ahead?



It's really normal to have lots of different feelings when change occurs.

If you are worried about changes affecting you or a friend, remember you can always speak to an adult at home or your teacher, or you can visit childline.

- Child line <https://www.childline.org.uk/info-advice/> (Or call 0800 1111)

STOP AND BREATHE

